

# Sheringham High School and Sixth Form and Stalham High School

## Resources for Careers-Related Learning

ICANBEA has created a huge list of resources for careers learning, general learning and subject specific lessons and resources. This is Norfolk/Suffolk-specific where appropriate.

Please look at this for a comprehensive list:

<https://www.icanbea.org.uk/home-educating-schooling-resources-index/#OLP>

In addition, the following websites and resources may be interesting or helpful:

### For Year Groups 7-11

#### Educational Videos to Explore Career Areas:

- <https://www.thewowshow.org/>  
A fast-moving magazine-style programme. Engaging encounters with young inspirational people for an authentic view of what the world of work really means.
- [https://www.youtube.com/channel/UCXD\\_SgYOE\\_aACHXcSqX14YNg](https://www.youtube.com/channel/UCXD_SgYOE_aACHXcSqX14YNg)
- <https://learnliveuk.com/>
- <https://icould.com/> - videos featuring real people talking about their careers.
- <https://www.careersbox.co.uk/>
- <https://www.icanbea.org.uk/virtual-tours/>  
-icanbea – Employers' virtual tours
- <https://www.stepintothens.nhs.uk/> - NHS careers videos and career quiz



## Websites to Explore Different Job Roles:

- Information on different job roles.  
<https://guest.startprofile.com/world-of-work/explore/industries->
- NHS Careers Information  
<https://www.healthcareers.nhs.uk/explore-roles->
- Labour Market Information (LMI) - Useful information to have when looking at future careers  
<https://www.lmiforall.org.uk/app-directory/>

## Resources to explore your career-related skills and strengths

- <https://www.youthemployment.org.uk/free-skills-careers-activities-booklet-for-young-people/>  
Skills and Careers Activities booklet - This free resource is perfect for young people to work through at home.
- <https://hub.skillsbuilder.org/resources/> - Click on the link and browse resources on the left which are a range of skills and activities and information.
- <https://icould.com/buzz-quiz/> - Take this quick, fun personality quiz. What animal will you be?

## Free courses to learn new skills

- Touch Typing - <https://sense-lang.org/typing/>
- Microsoft Office Tutorials - <https://www.youtube.com/watch?v=BSildZzHn2Y>
- Basic First Aid - <https://www.futurelearn.com/courses/basic-first-aid>
- Digital Technology - <https://idea.org.uk/>
- Coding – <https://fuse.education.vic.gov.au/VC/Secondary?digital+technologies>
- Skilled Trades – intro to plumbing, electrics, carpentry, auto-service technicians and other vocational areas – <https://alison.com/courses/skilled-trades>
- Food Safety – <https://food-safety-training.net/free-online-food-safety-training/>
- FUSE Education – this is an Australian site which has loads of varied free online courses covering all subject areas – <https://fuse.education.vic.gov.au/Secondary>
- Alison.com - significant number of free varied online courses – <https://alison.com/>
- British Sign language - <https://www.british-sign.co.uk/learn-online-british-sign-language-course/>
- Amazon's Future Engineer virtual coding programme offers 20 hours of content including flying drones, designing smart cities & creating chat bots – <https://blog.aboutamazon.co.uk/in-the-community/sign-up-to-our-free-amazon-future-engineer-virtual-coding-programme>.

*These are free courses*

*Only give out the briefest of information e.g. name and email. Never give your telephone number.*

*One site asks for a Date of Birth to know which school year you are in, which is fine.*

*Some professional Future Learn courses offer the chance to engage with other students on their moderated portal. This is NOT recommended. Please do not use.*

## Employability and Career Management Tools

- Here are some great career learning projects/activities you can work through to develop your knowledge in the following areas.
  - (a) Transferable Skills for Work – recommended for Year 7/8
  - (b) Labour Market Information – recommended for Year 9
  - (c) Apprenticeship Project – recommended for Year 10

<https://www.careershubcios.co.uk/careers-hub/11-16-home-learning-careers-projects/>  
*(These resources have been developed in Cornwall so there are a couple of regional references)*
- How to develop ‘career resilience’ and manage your own career journey (Open University):  
<https://www.open.edu/openlearn/money-business/developing-career-resilience/content-section-overview?active-tab=description-tab>
- How to write a CV <https://www.careeraddict.com/student-cv>
- How to write applications - <https://www.futurelearn.com/courses/writing-applications>
- How to succeed at interviews <https://www.futurelearn.com/courses/interviews>
- Presentation skills - <https://www.futurelearn.com/courses/presenting-your-work-with-impact>
- Free IT, Digital Media, and Career Management tutorials -  
<https://edu.gcfglobal.org/en/topics?fbclid=IwAR3-YKcgpwNZWDJnu2o9ID0QA90drnFB68OID3yPA4PIbPbdZiMXpaPOI9o>

## Other useful websites with Careers Information

- <https://www.bbc.co.uk/bitesize/careers> - BBC Bitesize – lots of careers info/videos.
- <https://www.careerpilot.org.uk/adviser-zone> - Career Pilot is Careers information and tool for 11-19 year olds, all in one place.
- <https://nationalcareers.service.gov.uk/> National Careers service “We provides information advice and guidance to help you make decision on learning, training and work.”
- <https://allaboutapprenticeships.co.uk/> - General apprenticeship information and vacancies.
- <https://helpyouchoose.org/content/> Help You Choose is the information advice and careers guidance website for young people in Norfolk and also includes information for parents/carers.
- <https://www.apprenticeships.gov.uk/> Information on Apprenticeships and vacancies
- <https://www.how2become.com/> Advice on how to work in certain sectors.

## For Sixth Form:

### Exploring University

- This is a great research project which guides you through various activities to explore university:  
<https://www.careershubcios.co.uk/wp-content/uploads/2020/04/University-Project.pdf>
- <https://www.ucas.com/undergraduate/what-and-where-study/open-days-and-events/virtual-tours>  
UCAS virtual tours and videos from universities and colleges allow students to see what it's like on campus and what facilities are available.
- <https://www.ucas.com/> -  
University exploration and course search.
- <https://discoveruni.gov.uk/> -  
Compare Universities.
- <https://www.ucas.com/careers/getting-job/what-are-employers-looking-Skills-Employers-want>  
Skills Employers want.
- <http://www.uea.ac.uk/study/webinars> University of East Anglia schedule of webinars and online Q&A sessions with admissions teams
- [www.whatuni.com](http://www.whatuni.com) – a good site for ranking and shortlisting uni courses
- <https://www.ucas.com/chat-to-students> - uni buddy - a service for you to connect with existing students for advice on courses/uni's
- <https://www.univ.ox.ac.uk/applying-to-univ/staircase12/> - Oxford Uni guide to activities for those aspiring to top universities - to extend your learning beyond the curriculum and create an impressive personal statement
- <https://www.discoverdowning.com/resources/> - similar to the above, from Cambridge University-
- <https://www.lincoln.ac.uk/home/virtualclassroom/> - University of Lincoln virtual classroom and Lincoln Live talks – a series of online interactive educational activities to replace face-to-face masterclasses, schools and colleges liaison, and UCAS fairs
- <https://www.prospects.ac.uk/> - job profiles, advice on work experience and info on what you can do with particular degrees.
- <https://www.futurelearn.com/courses/preparing-for-uni> - Preparing for university
- <https://www.futurelearn.com/courses/career-success> - Prepare for career success at university

## Work Experience, Employment and Apprenticeships

- **Sutton Trust – summer schools, digital virtual experience. Eligibility factors apply.**

<https://www.suttontrust.com/our-programmes/>

- Amazing Apprenticeships interactive guide to apprenticeships for Y12/Y13  
<https://amazingapprenticeships.com/resource/interactive-student-apprenticeship-guide/>
- <https://www.notgoingtouni.co.uk/> - Information on Alternatives to University.
- National Government Apprenticeship website and live vacancies -  
<https://www.gov.uk/apply-apprenticeship>
- Apprenticeship Norfolk website – local guidance and vacancies -  
<https://www.apprenticeshipsnorfolk.org/>
- National Apprenticeship Schemes with leading companies -  
<https://amazingapprenticeships.com/vacancies/>
- Virtual interactive interview practice tool - <https://barclayslifeskills.com/i-want-to-prepare-for-an-interview/school/virtual-interview>
- <https://www.insidesherpa.com/> - virtual work experience
- <https://www.futurelearn.com/courses/creating-your-future-> Building your career in tomorrow's workplace.

### Medicine

- [https://www.rcgp.org.uk/observegp?fbclid=IwAR0bXnFjkFszAGWLasBDmj7QbbbCWOeLkH55Q9DBKD3Cvj3HPCjon8W\\_7Y](https://www.rcgp.org.uk/observegp?fbclid=IwAR0bXnFjkFszAGWLasBDmj7QbbbCWOeLkH55Q9DBKD3Cvj3HPCjon8W_7Y) - This Observe GP scheme is a great way of gaining remote 'work experience by observing GPs remotely. For Y12/13
- <https://bsmsoutreach.thinkific.com/courses/VWE> - a virtual work experience programme from Brighton and Sussex Medical School

### Architecture

- <https://workexperience.hfm.co.uk/> - virtual work experience project for aspiring architects
- <https://www.architecture.com/education-cpd-and-careers/learning> - online learning opportunities in art/architecture (some activities more suitable for younger students)

### Law

- <https://www.insidesherpa.com/virtual-internships/prototype/HECBn5zqCvBpAXitG/White-&-Case-UK->
- <https://www.thelawyerportal.com/free-guides/law-work-experience/virtual-work-experience-for-law-students/> - virtual work experience for law

## General online learning on a wide range of topics and activities

- **Future Learn online free courses:**

Future Learn - <https://www.futurelearn.com/>

This service provides has free access to hundreds of online courses. Most Future Learn courses run multiple times throughout the year. Every run of a course has a set start date but you can join it and work through it after it starts.

- **Free Courses from the Open University:**

Similar to Future Learn – free access to fantastic courses and modules from the Open University:

<https://www.open.edu/openlearn/free-courses/full-catalogue>

- **Speakers for Schools - VIRTUAL TALKS**

Listen to talks from a wider range of speakers / careers:

<https://www.speakersforschools.org/inspiration/vtalks/upcoming-vtalks/>

- **Talks by Top Scientists - Wellcome Genome Campus – Sanger Institute**

On-line tours, classes or conversations with scientists:

[www.wellcomegenomecampus.org/publicengagement](http://www.wellcomegenomecampus.org/publicengagement)